

DIGGING DEEPER

Let Sunday's Message Guide Your Quiet Time

WORKBOOK

Using the Workbook

Don't go to church for a feel-good message and forget about it until the next week. This study is not meant to give you all the answers, but it will ask you good questions so you can do your own research, reflection, and analysis of what you hear and where God is calling you through it. Let it be a guide as you are in your prayer time and seeking God's voice. NOTE: You can choose to print only Days 1-4 to save on ink and paper. You can always journal and take notes in a separate notebook.

01 Day 1: Take notes during the church message.

02 Day 2: Understanding the context of the scripture

03 Day 3: How does God want to use this message in my life?

04 Day 4: Putting what I've learned into practice

05 Day 5: Apply what I've learned and finish prayer journal for the week

Day 1: Sunday Sermon

Date:
Speaker:
Message Title:

What verses were used in today's message?

What were the key points from today's message?

NOTES:

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Day 2: Understanding the Context of the Scripture

It's important not to take verses out of context. Be diligent to read the full passage to see the full picture that God is trying to paint for you. Use these questions as a guide to understanding the context.

WHO WROTE IT, AND WHEN WAS IT WRITTEN?	WHO WAS IT WRITTEN FOR? FOR ALL OR TO A SPECIFIC GROUP?
WHAT DID THIS MEAN TO THE ORIGINAL HEARER?	**HOW & WHERE DOES THIS FIT WITH SCRIPTURES AS A WHOLE?**
WHAT DOES THIS PASSAGE TELL ME ABOUT GOD?	**HOW IS THE PASTOR'S MESSAGE POINTING ME TO CHRIST?**

Day 3: What Does This Mean for Me Today?

TAKE SOME TIME TO PRAY AND REFLECT ON THE SCRIPTURE. WHAT DOES THIS SCRIPTURE MEAN FOR ME TODAY?

READ ANY SUPPORTING SCRIPTURE USED IN THE SAME WAY. WHAT DO I SEE IN IT? DOES IT LINE UP AND POINT ME BACK TO CHRIST?

HOW DOES GOD WANT TO USE THIS MESSAGE IN MY LIFE TODAY?

Day 4: Put it Into Practice

STEP 01 ***What do I need to KEEP doing?***

STEP 02 ***What do I need to STOP doing?***

STEP 03 ***What do I need to START doing?***

Notes Page

How is God speaking to me this week? What are some of the key lessons I'm learning? What questions do I have?

"Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads" (Deut. 11:18 NIV).

Prayer Journal

Write a prayer journal entry to God. Talk with Him. Share your heart. Be vulnerable. He's your daddy. He cares about you and loves you deeply. Create a habit of journaling your prayers.

"You know when I sit down or stand up. You know my thoughts even when I'm far away" (Psalm 139:2 NLT).

Helpful Resources

AND LINKS

VERSE BY VERSE MINISTRIES

www.versebyverseministry.org

Verse by Verse Ministry International is a non-profit, non-denominational, unaffiliated Christian ministry dedicated to promoting the preaching and teaching of God's Word in its proper historical and theological context, and for the purposes God has ordained: to persuade the unbeliever of the truth of the Gospel and to equip the saints for the work of ministry.

STRONG'S CONCORDANCE

Strong's Concordance

If you're looking for a complete yet simple concordance that allows for precise and accurate word study, The Strong's Concordance is a great choice. Every word of the Bible is indexed, it includes both Hebrew and Greek dictionaries, cross-references to standard Bible dictionaries, and a topical index.

BLUE LETTER BIBLE

www.blueletterbible.org

Blue Letter Bible provides powerful tools for an in-depth study of God's Word through their free online reference library, with study tools that are grounded in the historical, conservative Christian faith.

ESV STUDY BIBLE

ESV Study Bible

The ESV Study Bible includes extensive study notes, charts, maps, and articles, and is a valuable resource for serious readers, students, and teachers of God's Word.

DAILY GRACE PODCAST

dailygracepodcast.com

Daily Grace exists to encourage and equip women to seek God in His Word. The goal of the podcast is for women to know that deep Bible study, sound doctrine, and rich theology are not just for the seminary student or pastor, but are accessible and transformational for all believers.

Note: This page may contain affiliate links at no additional cost to you. These resources have nourished my study time in the Word and helped my spiritual growth..

HOW'D IT GO?

I'd love to connect further with you! Let me know what value this workbook has provided for you by simply emailing me at gabecox@redhotmindset.com or messaging me on Instagram @redhotmindset. Join the Mindful Mamas FB Community at: www.facebook.com/groups/4MindfulMamas

JOIN THE MINDFUL MAMAS COMMUNITY

LET'S CONNECT

